



Nutri-Grade

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Beverages

Coffee

Nutrient Information



Anna's Butterscotch Latte



Servings per package: 1
Serving size: 237 ml (1 mug)

	Per 100ml
Energy	59 kcal*
Protein	2 g
Total Fat	2 g
• Saturated Fat	1 g
• Trans Fat	0 g
Carbohydrate	8 g
Total Sugar	8 g

*1 kcal = 4.2 kJ



Espresso/Short Black



Servings per package: 1
Serving size: 59 ml (1 cup)

	Per 100ml
Energy	2 kcal*
Protein	0.12 g
Total Fat	0.18 g
• Saturated Fat	0.092 g
• Trans Fat	0 g
Carbohydrate	0 g
Total Sugar	0 g

*1 kcal = 4.2 kJ



Long Black



Servings per package: 1
Serving size: 237 ml (1 mug)

	Per 100ml
Energy	2.39 kcal*
Protein	0.1 g
Total Fat	0 g
• Saturated Fat	0 g
• Trans Fat	0 g
Carbohydrate	0.4 g
Total Sugar	0 g

*1 kcal = 4.2 kJ



Mocha/Ice Mocha



Servings per package: 1
Serving size: 237 ml (1 cup)

	Per 100ml
Energy	117 kcal*
Protein	3 g
Total Fat	7 g
• Saturated Fat	4 g
• Trans Fat	0 g
Carbohydrate	10 g
Total Sugar	7 g

*1 kcal = 4.2 kJ



Hot Chocolate



Servings per package: 1
Serving size: 237 ml (1 cup)

	Per 100ml
Energy	117160 kcal*
Protein	3 g
Total Fat	10 g
• Saturated Fat	6 g
• Trans Fat	0 g
Carbohydrate	14 g
Total Sugar	10 g

*1 kcal = 4.2 kJ



Iced Americano with Watermelon



Servings per package: 1
Serving size: 237 ml (1 cup)

	Per 100ml
Energy	29 kcal*
Protein	0 g
Total Fat	0 g
• Saturated Fat	0 g
• Trans Fat	0 g
Carbohydrate	7 g
Total Sugar	5 g

*1 kcal = 4.2 kJ

Coffee

Nutrient Information



Cold Brew White



Servings per package: 1
Serving size: 450 ml (1 mug)

	Per 100ml
Energy	34 kcal*
Protein	2 g
Total Fat	2 g
• Saturated Fat	1 g
• Trans Fat	0 g
Carbohydrate	4 g
Total Sugar	1 g

*1 kcal = 4.2 kJ



Cold Brew Black



Servings per package: 1
Serving size: 450 ml (1 cup)

	Per 100ml
Energy	27 kcal*
Protein	1 g
Total Fat	1 g
• Saturated Fat	1 g
• Trans Fat	0 g
Carbohydrate	3 g
Total Sugar	1 g

*1 kcal = 4.2 kJ



Flat White/ Iced Flat White



Servings per package: 1
Serving size: 237 ml (1 mug)

	Per 100ml
Energy	48 kcal*
Protein	2 g
Total Fat	2 g
• Saturated Fat	1 g
• Trans Fat	0 g
Carbohydrate	4 g
Total Sugar	4 g

*1 kcal = 4.2 kJ



Hazelnut Praline Iced Latte



Servings per package: 1
Serving size: 450 ml (1 mug)

	Per 100ml
Energy	79 kcal*
Protein	2 g
Total Fat	5 g
• Saturated Fat	1 g
• Trans Fat	0 g
Carbohydrate	7 g
Total Sugar	7 g

*1 kcal = 4.2 kJ



Hot Caramel Macchiato



Servings per package: 1
Serving size: 237 ml (1 cup)

	Per 100ml
Energy	72 kcal*
Protein	2 g
Total Fat	3 g
• Saturated Fat	2 g
• Trans Fat	0 g
Carbohydrate	9 g
Total Sugar	8 g

*1 kcal = 4.2 kJ



Iced Caramel Macchiato



Servings per package: 1
Serving size: 350 ml (1 cup)

	Per 100ml
Energy	86 kcal*
Protein	2 g
Total Fat	5 g
• Saturated Fat	3 g
• Trans Fat	0 g
Carbohydrate	10 g
Total Sugar	9 g

*1 kcal = 4.2 kJ

Coffee

Nutrient Information



Hot Vanilla Latte



Servings per package: 1
Serving size: 237 ml (1 cup)

	Per 100ml
Energy	58 kcal*
Protein	2 g
Total Fat	2 g
• Saturated Fat	1 g
• Trans Fat	0 g
Carbohydrate	8 g
Total Sugar	7 g

*1 kcal = 4.2 kJ



Iced Vanilla Latte



Servings per package: 1
Serving size: 350 ml (1 cup)

	Per 100ml
Energy	51 kcal*
Protein	2 g
Total Fat	2 g
• Saturated Fat	1 g
• Trans Fat	0 g
Carbohydrate	8 g
Total Sugar	8 g

*1 kcal = 4.2 kJ



Matcha Latte (Hot/ Iced)



Servings per package: 1
Serving size: 237 ml (1 cup)

	Per 100ml
Energy	50 kcal*
Protein	3 g
Total Fat	2 g
• Saturated Fat	1 g
• Trans Fat	0 g
Carbohydrate	4 g
Total Sugar	3 g

*1 kcal = 4.2 kJ



Hojicha Latte (Hot/ Iced)



Servings per package: 1
Serving size: 237 ml (1 cup)

	Per 100ml
Energy	51 kcal*
Protein	3 g
Total Fat	3 g
• Saturated Fat	1 g
• Trans Fat	0 g
Carbohydrate	4 g
Total Sugar	4 g

*1 kcal = 4.2 kJ



Iced Yuzu Matcha



Servings per package: 1
Serving size: 237 ml (1 cup)

	Per 100ml
Energy	59 kcal*
Protein	0 g
Total Fat	0 g
• Saturated Fat	0 g
• Trans Fat	0 g
Carbohydrate	15 g
Total Sugar	13 g

*1 kcal = 4.2 kJ



Prana Chai Latte (Hot/ Iced)



Servings per package: 1
Serving size: 237 ml (1 cup)

	Per 100ml
Energy	26 kcal*
Protein	0 g
Total Fat	0 g
• Saturated Fat	0 g
• Trans Fat	0 g
Carbohydrate	5 g
Total Sugar	1 g

*1 kcal = 4.2 kJ



Iced Dirty Prana Chai Latte



Servings per package: 1
Serving size: 237 ml (1 cup)

	Per 100ml
Energy	27 kcal*
Protein	0 g
Total Fat	0 g
• Saturated Fat	0 g
• Trans Fat	0 g
Carbohydrate	5 g
Total Sugar	1 g

*1 kcal = 4.2 kJ



Hot Chocolate Marshmallow



Servings per package: 1
Serving size: 237 ml (1 mug)

	Per 100ml
Energy	130 kcal*
Protein	2 g
Total Fat	6 g
• Saturated Fat	3 g
• Trans Fat	0 g
Carbohydrate	15 g
Total Sugar	11 g

*1 kcal = 4.2 kJ



Iced Chocolate Marshmallow



Servings per package: 1
Serving size: 450 ml (1 cup)

	Per 100ml
Energy	107 kcal*
Protein	1 g
Total Fat	5 g
• Saturated Fat	3 g
• Trans Fat	0 g
Carbohydrate	13 g
Total Sugar	9 g

*1 kcal = 4.2 kJ



Hazelnut Praline Iced Chocolate



Servings per package: 1
Serving size: 450 ml (1 cup)

	Per 100ml
Energy	128 kcal*
Protein	3 g
Total Fat	9 g
• Saturated Fat	3 g
• Trans Fat	0 g
Carbohydrate	13 g
Total Sugar	11 g

*1 kcal = 4.2 kJ

Fizzes

Nutrient Information



Pink Mint



Servings per package: 1
Serving size: 450 ml (1 cup)

	Per 100ml
Energy	37 kcal*
Protein	0 g
Total Fat	1 g
• Saturated Fat	0 g
• Trans Fat	0 g
Carbohydrate	9 g
Total Sugar	6 g

*1 kcal = 4.2 kJ



Golden Sunrise



Servings per package: 1
Serving size: 450 ml (1 cup)

	Per 100ml
Energy	11 kcal*
Protein	0 g
Total Fat	1 g
• Saturated Fat	0 g
• Trans Fat	0 g
Carbohydrate	2 g
Total Sugar	1 g

*1 kcal = 4.2 kJ



Hibiscus Bliss



Servings per package: 1
Serving size: 450 ml (1 cup)

	Per 100ml
Energy	16 kcal*
Protein	0 g
Total Fat	1 g
• Saturated Fat	0 g
• Trans Fat	0 g
Carbohydrate	3 g
Total Sugar	1 g

*1 kcal = 4.2 kJ



Orange Lychee Cooler



Servings per package: 1
Serving size: 450 ml (1 cup)

	Per 100ml
Energy	74 kcal*
Protein	0 g
Total Fat	0 g
• Saturated Fat	0 g
• Trans Fat	0 g
Carbohydrate	18 g
Total Sugar	14 g

*1 kcal = 4.2 kJ



Berry Lemonade



Servings per package: 1
Serving size: 350 ml (1 cup)

	Per 100ml
Energy	17 kcal*
Protein	0 g
Total Fat	0 g
• Saturated Fat	0 g
• Trans Fat	0 g
Carbohydrate	4 g
Total Sugar	3 g

*1 kcal = 4.2 kJ

Smoothies

Nutrient Information



Queen Green



Servings per package: 1
Serving size: 300 ml (1 cup)

	Per 100ml
Energy	82 kcal*
Protein	0 g
Total Fat	2 g
• Saturated Fat	1 g
• Trans Fat	0 g
Carbohydrate	13 g
Total Sugar	7 g

*1 kcal = 4.2 kJ



Heart Beat



Servings per package: 1
Serving size: 300 ml (1 cup)

	Per 100ml
Energy	73 kcal*
Protein	0 g
Total Fat	2 g
• Saturated Fat	1 g
• Trans Fat	0 g
Carbohydrate	13 g
Total Sugar	7 g

*1 kcal = 4.2 kJ



Raspberry Orange Rooibos Tea



Servings per package: 1
Serving size: 300 ml (1 cup)

	Per 100ml
Energy	42 kcal*
Protein	0 g
Total Fat	0 g
• Saturated Fat	0 g
• Trans Fat	0 g
Carbohydrate	8 g
Total Sugar	2 g

*1 kcal = 4.2 kJ